# Microcurrent Therapy –
Acupuncture Without Needles

Modern microcurrent therapy offers a
non-needle method for patients to experience
the benefits of acupuncture. Needle acupuncture
is the original microcurrent therapy, as traditional
acupuncture needles generate measurable electrical
charges when twirled by the doctor's fingers, and needles
left in tend to drain excess electrical energy from tense or inflamed tissue.
Microcurrent Bio-Therapy (MBT) is an extremely effective therapy that may
be used instead of needles to promote healing. Alleviation of pain,
inflammation, spasm, restricted range of motion, and tissue damage can be
treated at the cellular level.
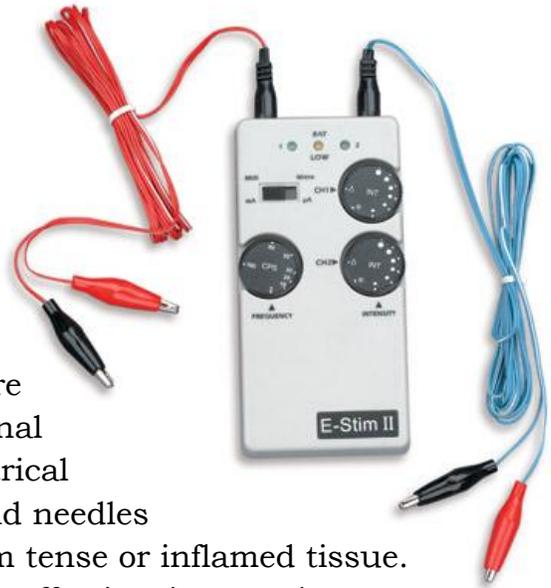
Extremely low frequencies and intensities are applied to selected acupuncture
points with hand held probes or pads. This very low frequency range is
resonant with normal electrical activity of the human body. Little or no electric
current is felt. MBT utilizes currents that are several hundred to a thousand
times lower than conventional electric stimulation.

In the case of acute dysfunction, daily treatments will enhance recovery. Think
of injured tissue like a depleted battery. The more often electrochemical energy
levels in the cells are replenished, the more readily inflammation and pain are
diminished. Pain and range of motion may be used as major indicators of
recovery, but it is advisable not to stop treatments prematurely before tissues
are fully healed.

MBT can be very effective for both immediate pain relief and acceleration of
tissue healing.

When treating chronic conditions, it is important that MBT be given an
adequate trial. Often results are not apparent in the first one or two
treatments. Relief of your pain is important, but the goal is to resolve
underlying pathology so as to give long lasting or permanent relief. For patients
in acute pain with muscle spasm who may require stronger nerve stimulation
for initial relief, such stimulation is limited, and followed by MBT, massage and
range of motion exercises to establish new muscle memory.